

NOTICE: Mental Health and Diabetes CEU Opportunities for Behavioral Health Providers

September 8, 2023

Dear provider,

Working with patients who are living with or at high risk for diabetes? These learning opportunities and resources from the American Diabetes Association® can help you!

Over 37 million people are living with diabetes. The American Diabetes Association® is making strides to increase experts in the field and ensure support for the psychosocial challenges faced as we continue to help people with diabetes and their families thrive.

[Behavioral health resources](#) to support working with people living with or at risk for diabetes.

Includes:

- Mental Health Provider Directory (eligible to apply for inclusion after completing [Diabetes 101](#)).
- [Diabetes and Emotional Health Workbook](#) (free of charge)
- [Mental Health Toolkit, Questionnaires, and Handouts](#) (free of charge)

CEU Opportunities:

[Diabetes Education 101 for Behavioral Health Professionals](#) (8 credits; at no charge through June 15, 2024). Covers the unique challenges of living with diabetes and how to incorporate supportive terminology into your behavioral health practice. *This program is intended for mental health providers who treat current patients with or who are at-risk for diabetes. (APA, ASWB and general CE credit offered).*

[Behavioral Health in Diabetes Care](#) (5.25 credits; at no charge). Promotes a whole person approach to helping people with diabetes overcome behavioral health challenges.

To view this notice for embedded links and content specific to education-related material, please visit us online at [BCBSAZ Health Choice \(healthchoiceaz.com\)](https://www.healthchoiceaz.com) under our “For Providers” tab.



Health
Choice